

- *Information and case studies of oral, transdermal, intravaginal & barrier contraceptive.*
- *Understand the ins and outs of Vaginitis. Hands on microscopy practicum!*
- *Review about common GYN pathology and management.*
- *Latest information available on all the contraceptives choices and their benefits or side effects.*
- *Osteoporosis, chronic pelvic pain, STIs, Management of Heavy Menstrual Bleeding.*
- *IUDs, Implants, Injections, Barriers, Patch, Pills, Rings and Things.*

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**Registration Form 9/12-13/09**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, ST, Zip: \_\_\_\_\_

Professional Lic #: \_\_\_\_\_

Clinic Address: \_\_\_\_\_

City, ST, Zip: \_\_\_\_\_

Contact Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

## Objectives

Upon completion of this workshop, the participant will be able to:

- Counsel patients on the full array of hormonal contraceptive choices, including mechanisms of action, failure rates, contraindications, potential side effects and complications, and non-contraceptive benefits
- Explain the factors underlying current sexually transmitted infections (STIs) epidemics
- Describe the workup, long-term concerns and treatment of secondary amenorrhea and menorrhagia
- Outline the screening tests for cervical cancer and management of abnormal tests
- Explain the results of the impacts of HT seen among younger women with WHI compared to the older ones
- Name three of the most common causes of chronic pelvic pain and how to diagnose them
- Describe the labeling changes for the copper T 380A IUD and the impacts they have on patient selection
- Describe the natural defense systems of the vagina during the reproductive years and challenges to its equilibrium
- Describe the symptoms, clinical findings, and tests needed to diagnose the most common vaginal infections

10 Contact Hours

5 Pharmacology Hours

## Schedule

*Saturday 9/12/09*

- 7:45 Registration
- 8:00 Contraception: The Big Picture
- 8:30 Top tier contraception: IUDs & Implants
- 9:30 Break
- 9:45 Second tier contraception: Pills, Patch, Rings & Injections
- 10:45 Barriers and Behavior Methods
- 11:15 Case studies
- 12:00 Lunch
- 1:00 STIs
- 2:00 Vulvovaginitis
- 3:00 Break
- 3:10 Case studies
- 4:00 Microscopy workshop
- 5:00 Evaluations and Adjourn

*Sunday 9/13/09*

- 8:00 Registration
- 8:30 Management of Heavy Menstrual Bleeding
- 9:30 Menopausal Update
- 10:00 Break
- 10:15 Chronic Pelvic Pain
- 11:00 Osteoporosis
- 11:45 Case studies
- 12:30 Evaluations



# Our Philosophy

Originated as the Women's Health Care Nurse Practitioner Program in 1969 at the Harbor-UCLA Medical Center.

The WHCNPP, now part of the Women's Health Care Clinic, is dedicated to enhancing the clinical skills of those who provide care to women through continued professional development, as The Women's Health Care Clinic Education Program (WHCCEP).

Our courses encompass:

- *Practical, clinically oriented topics*
- *Hands-on educational techniques*
- *Principles of adult learning*

### Upcoming Classes!!!

*An Effective Outreach Program*  
(October 28, 2009)

*3½ Day Colposcopy Training*  
(November 12-15, 2009)

### Register Now!

**Fee: \$100 if paid before 8/24/09**  
**\$120 for late registration**

CA BRN CEP #0030

**Make checks payable to: LA BioMed**

**Phone: 310-222-3729**

**E-mail: lshort@labiomed.org**

Questions: Call or e-mail!

Women's Health Care Clinic Education Program  
LA BioMed at Harbor-UCLA Medical Center  
1124 West Carson St. Bldg N-28  
Torrance, CA 90502

601634-00-00

*Women's Health Care Clinic*

*Education Program*

**GYN Update**  
**with**  
**Microscopy Workshop**

*for*

*Health Care Providers*

**with**

**Anita Nelson, MD**

**and**

**Ellen Schmidt-Olaivar,**  
**RNP**

**Saturday**  
**September 12, 2009**  
8:00 am—5:00 pm

**Sunday**  
**September 13, 2009**  
8:30 am—12:30 pm

*On the campus of:*

Harbor-UCLA Medical Center  
1124 W. Carson St. Bldg. N-28  
Torrance, CA 90502