

**Are you prepared for the Patient that presents with gynecological pathology?**

Are you challenged by the myriad of contraceptives available for your patients?

Come learn and review what it takes to screen, start and maintain your patients on effective contraceptive methods that are custom tailored to your patient's individual needs!

**Would you like an opportunity to spend the day with one of the most knowledgeable people in the contraceptive field (and an excellent speaker)?**

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- *Understand the ins and outs of Vaginitis.*
  - *Information and case studies of hormonal contraception. Do you have one you would like to discuss with an expert?*
  - *Receive the most current information about PCOS.*

# Objectives

Upon completion of this workshop, the participant will be able to:

- **Counsel patients on the full array of hormonal contraceptive choices, including:**
  - *Mechanisms of action*
  - *Failure rates*
  - *Contraindications*
  - *Potential side effects & complications*
  - *Non-contraceptive benefits*
- **Suggest ways of increasing successful patient utilization of contraceptive methods**
- **Diagnosis and treat common recurrent and resistant vulvovaginal infections.**
- **Outline the tests needed and various treatments for PCOS.**

# Saturday

- 7:45 *Registration*
- 8:00 Progestin Only Methods: Implanon, IUDs, Injection, Pills
- 9:30 *Break*
- 9:45 Combined Hormonal Methods: Patches, Pills, Rings & Things
- 10:30 Case Studies, Problem Management, Your Cases
- 12:00 *Lunch*
- 1:00 Recurrent and Resistant Vulvovaginitis
- 2:00 Case Studies, Problem Management, Your Cases
- 2:45 *Break*
- 3:00 Update on PCOS
- 5:00 Evaluation and Adjourn

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Registration Form 2/13/10

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, ST, Zip: \_\_\_\_\_

Contact Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Prof Lic #: \_\_\_\_\_

Clinic Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, ST, Zip \_\_\_\_\_

# Our Philosophy

Originated as the Women's Health Care Nurse Practitioner Program in 1969 at the Harbor-UCLA Medical Center.

The WHCNPP, now part of the Women's Health Care Clinic, is dedicated to enhancing the clinical skills of those who provide care to women through continued professional development.

Our courses encompass:

- *Practical, clinically oriented topics*
- *Hands-on educational techniques*
- *Principles of adult learning*

### Upcoming Classes!!!

*Skills Lab: IUC / Implanon*

(Mar. 13, 2010)

*Outreach Interactive Tools*

(April 28, 2010)

*The Basic Colposcopy Program*

(May 13-16, 2010)

### Register Now!

**Fee: \$80 if paid before 2/05/10**

CA BRN CEP #0030

**Make checks payable to:** LA BioMed

**Mail to:** Women's Health Care Clinic

Attn: L. Short

1124 W. Carson St., N-28

Torrance, CA 90502-2006

**Phone:** 310-222-3729

**Email:** lshort@labiomed.org

**Website:** www.womenshealthnp.org

Women's Health Care Clinic Education Program  
LA BioMed at Harbor-UCLA Medical Center  
1124 West Carson St. Bldg N-28  
Torrance, CA 90502-2006

601634-00-00

*Women's Health Care Clinic*

*Education Program*

**Updates on**

**Hormonal**

**Contraceptives**

**Vaginitis and PCOS**

*for*

*Health Care Providers*

**with**

**Dr. Anita Nelson**

**Saturday**

**February 13, 2010**

**8:00 am—5:00 pm**

8 Contact Hours

5 Pharmacology Hours

*On the campus of:*

Harbor-UCLA Medical Center

1124 W. Carson St. Bldg. N-28

Torrance, CA 90502